**Category**

*Could benefit from services*

*Needs to be connected to services*

*Requires immediate connection to service*

*Crisis*

*Unsure*

1. Pregnancy is not a mental health condition, but pregnant students can benefit from connection with a counselor. Medically complicated pregnancies may be eligible for accommodations via DSS and students with delivery dates during a quarter can be informed of services available and their rights under Title IX.

2. Suicidal ideation does not necessarily indicate suicidal intent. The presence of a plan indicates greater severity and students with ideation and a plan should be assessed by a professional to ensure that their safety and autonomy are protected to the highest degree possible.

3. Crying is a healthy emotional reaction in some situations. Students unable to calm down or control their crying may require intervention however.

4. Counselors are always willing to consult if you have questions or concerns.

**Description**

You recognize a few concerning signs of distress, but student is generally able to function on a high level emotionally, in relationships, and in class.

Student endorses that their distress is impacting their functioning; student expresses a desire to talk with someone about their distress; student is experiencing violence; student issue involves a lack of material resources.

Student is pregnant$.^{1}$

Student expresses suicidal ideation but no plan and low distress about ideation$.^{2}$

Student expresses suicidal ideation and has a plan or expresses an inability to cope with the thoughts; student is actively psychotic or delusional; student is unable to calm down/stop cryin$g^{3}$; student threatens to hurt or kill someone or do something that would result in someone being hurt or killed; student is scared to return home.

Student is in a state such that harm is imminent.

Contact a counselor to consult$.^{4}$ If you need to make a quick decision about what action to take, error on the side of safety and round up to the higher category of response.

**Referral Action**

Provide student with counselor’s name and contact information and encourage follow up.

Obtain student’s contact information and provide to counselor along with name and reason for referral. Explain to student that the counselor (give their name) will be contacting them soon. If student does not want to be contacted, provide student with counseling info and consult with counselor afterward. The counselor may request that you file a BCAT report.

Follow referral action above and provide with crisis resources.

Contact a counselor immediately. Do not leave the student alone until the counselor is present. In the case that a counselor is not available, contact College Police. The counselor may request that you file a BCAT report.

Contact College Police. File a BCAT report afterward.

See actions above.